Yogurt

We're gonna kill some "good germs" in the bowel while we're killing the "bad guys" somewhere else. (Your pet's taking antibiotics). Antibiotics are indiscriminate about who they kill. So to avoid leaving big 'holes' in the bacterial colonies in the gut, we <u>re</u>-colonize with beneficial germs that keep overgrowth of unwanted germs and fungals from occurring. Yogurt and other probiotics are good that way.

I like these "everywhere" grocery store probiotic yogurts, in order of favorites:

- 1. GoodBelly Blueberry compote, or any GoodBelly probiotic
- 2. Activa (Close second place)
- 3. Kefir (May be too sugary, milky)
- 4. Chobani (A distant fourth place)

Give 1 teaspoon of yogurt / GoodBelly *per ten pounds* twice a day. [60 pound dog: 6 teaspoons]. Do not give SIMULTANEOUS to the antibiotic. Calcium can bind certain drugs.

Ice - The "Ice Trick"



Scribbled by dr johnson

The "Ice Trick" is a way to get a dog to take 120-150% of their water requirements, which is good for diarrhea dogs, and kidney patients and folks who wanna avoid giving fluids.

- 1. Put a folded towel in a big Popcorn or Punch Bowl.
- 2. Pour a pile of ice on the towel.
- 3. Water won't pool because of the towel, and the ice will be delectably LICKABLE. And they'll usually PARK themselves and lick all afternoon. USUALLY, that is.... Sometimes you go to all that trouble, and they look at you like you're high.

Feed and Unfeed

How to unfeed, and feed a diarrhea guy

- 1. No food for 12 hours. Just water, fat free broth and ice licks.
- 2. Then white bread (or rice) and some chicken noodle soup (Campbell's cheap) for 12 hours.
- 3. Then water logged (or fat-free broth-logged) regular dry food for 12 hours.
- 4. 36 hours after you start, they're back on dry food.

If they don't feel like eating anywhere along in there: IT IS OKAY THEY KNOW THEIR GUT HEALTH BETTER THAN I DO.